Individual Player Performance Review

PLAYER & TEAM ANALYSIS - COACH GUIDANCE

PLAYER & TEAM ANALYSIS

REVIEW | REFLECT | DEVELOP

WHY THIS RESOURCE MATTERS

A performance review gives coaches a structured way to look beyond the result of one match or training session. It helps build a balanced picture of what a player is doing well, where development is needed and whether progress is being sustained over time.

1 PURPOSE

Use the review to evaluate the player across technical, tactical, physical and mindset/social areas, while linking ratings to observable behaviours rather than general impressions.

- Record evidence as well as scores.
- Compare the player with their own previous performance, not only with teammates.

2 WHEN TO USE IT

Use it at agreed review points during the season, after a meaningful block of training and matches, or before a formal coach-player development conversation.

- Avoid completing it immediately after an unusually good or poor single performance.
- Use similar review intervals across a squad where practical.

3 HOW TO USE THE FORM

Complete the ratings after considering several recent observations. Add strengths, development priorities and clear actions so the form becomes a development tool rather than simply a scorecard.

- Be specific about behaviours you want repeated or improved.
- Keep language age-appropriate and constructive.

4 WHAT TO LOOK FOR

Look for consistency, decision making under pressure, contribution without the ball, response to coaching, work habits and evidence that previous development targets are transferring into performance.

- Notice trends rather than isolated moments.
- Consider the player's role, position and stage of development.

5 WHAT TO DO NEXT

Share the key messages with the player and agree a small number of realistic priorities. Where appropriate, involve parents or guardians in understanding the development focus without turning the review into a comparison with other players.

- Set a date for the next review.
- Use training plans and individual targets to support the agreed priorities.

COACH TIP

Keep the review developmental. A lower score should lead to a useful coaching response, not become a label attached to the player.

TFE Club Hub resources are provided as general club-development guidance and working templates. Clubs should adapt player and team analysis practices to their own age groups, coaching philosophy, safeguarding procedures and local requirements.

Player Self-Assessment

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WHY THIS RESOURCE MATTERS

Self-assessment helps players think about their own game, recognise progress and take greater ownership of development. It also gives the coach insight into how the player sees their performance, confidence and challenges.

1 PURPOSE

Use the form to encourage reflection and create a starting point for an open coach-player conversation. The aim is not for the player to guess the coach's ratings, but to explain how they currently see themselves.

- Encourage thoughtful answers rather than “right” answers.
- Use the player's comments to understand confidence and perception.

2 WHEN TO USE IT

Use it before individual reviews, at the end of a development block, after a series of matches, or at selected points during the season when reflection will be useful.

- Give players enough time and privacy to complete it properly.
- For younger players, simplify language or discuss questions verbally.

3 HOW TO USE THE FORM

Ask the player to complete the form independently where possible. Review their ratings and written comments, then discuss similarities and differences between the player's view and the coach's observations.

- Ask “what makes you say that?” to explore answers.
- Avoid immediately correcting a rating you disagree with.

4 WHAT TO LOOK FOR

Look for self-awareness, confidence, recurring concerns, areas the player values, goals they are motivated by and any large differences between self-perception and observed performance.

- Repeatedly low self-ratings may need a supportive conversation.
- Very high ratings can still be useful if explored with evidence.

5 WHAT TO DO NEXT

Agree one or two development goals that matter to both the player and coach. Record practical actions and revisit the self-assessment later to see whether the player's perception and performance have changed.

- Link goals to specific training behaviours.
- Recognise progress when targets are revisited.

COACH TIP

The conversation after the form is often more valuable than the numbers. Use the answers to ask better questions and listen carefully.

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Team Performance Review

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WHY THIS RESOURCE MATTERS

A team review helps coaches analyse collective performance without allowing the final score to dominate the evaluation. It creates a record of how well the team executed its principles, objectives and behaviours across different phases of the game.

1 PURPOSE

Use the review to assess collective strengths, weaknesses and performance trends in areas such as possession, defending, transition, communication, intensity and game management.

- Judge the team against agreed principles and match objectives.
- Separate performance quality from the result where necessary.

2 WHEN TO USE IT

Complete it after matches or at regular review points when there is enough evidence to identify themes. It can also be used to compare performances across a series of fixtures.

- Allow enough time after the match for a balanced review.
- Use video or staff observations where available.

3 HOW TO USE THE FORM

Rate the key areas, then use the written sections to explain why. Identify what should be reinforced, what needs training attention and which themes are most important for the next match cycle.

- Keep the number of priorities manageable.
- Use examples from the game to support conclusions.

4 WHAT TO LOOK FOR

Look for repeatable team behaviours: spacing, support, pressing, recovery runs, compactness, decision making, communication, reactions to turnovers and the ability to carry out the game plan under pressure.

- Identify patterns that occur repeatedly.
- Consider whether issues are tactical, technical, physical or communication-based.

5 WHAT TO DO NEXT

Turn the review into coaching priorities. Select the most important themes for upcoming sessions and communicate them clearly to the team so players understand the connection between match analysis and training.

- Revisit the same themes in the next review.
- Acknowledge areas that improved as well as those still needing work.

COACH TIP

Do not try to fix everything from one match. Choose the few areas that will make the biggest difference and coach those well.

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Player Development Analysis

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WHY THIS RESOURCE MATTERS

Development analysis looks at the player over time rather than judging a snapshot. It helps coaches identify genuine progress, plateaus, emerging strengths and areas that require a different coaching approach.

1 PURPOSE

Use the form to review the player's longer-term development across key areas and connect observations with previous targets, training behaviours and match performance.

- Focus on progress relative to the individual player.
- Consider maturity and development stage, not just current output.

2 WHEN TO USE IT

Use it periodically across the season, such as after a development block, at mid-season and end-of-season reviews, or whenever a player's progress needs a deeper discussion.

- Use enough evidence to identify a trend.
- Refer back to previous reviews and objectives.

3 HOW TO USE THE FORM

Compare current observations with earlier records. Note areas of improvement, areas that remain unchanged and any new development priorities. Add clear actions that can be supported through coaching.

- Use examples rather than vague statements.
- Distinguish between skill development and temporary changes in form or confidence.

4 WHAT TO LOOK FOR

Look for changes in consistency, decision making, technical execution, confidence, physical capability, understanding of role, resilience and the player's ability to apply learning in realistic game situations.

- Progress is rarely equal across every area.
- Consider whether the environment is giving the player enough opportunity to develop.

5 WHAT TO DO NEXT

Update the player's priorities and agree how the coaching programme will support them. Where progress has stalled, consider changing the task, feedback style, role, level of challenge or opportunities provided.

- Set measurable or observable next steps.
- Review the plan rather than simply repeating the same target indefinitely.

COACH TIP

Development is not always linear. A plateau does not automatically mean a player has stopped developing - it may mean the next challenge or coaching approach needs to change.

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Team Strengths & Development Areas

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WHY THIS RESOURCE MATTERS

This resource helps coaches summarise the identity of the team: what it currently does well, what is becoming reliable and which areas should shape future coaching. It is useful for keeping staff and players focused on priorities rather than reacting to every result.

1 PURPOSE

Use the form to identify the team's most important strengths and development areas and to turn those observations into clear coaching priorities.

- Record strengths that should be protected and reinforced.
- Choose development areas that are specific enough to coach.

2 WHEN TO USE IT

Use it after several matches, at the end of a training block, during staff reviews or when planning the next phase of the team's programme.

- Base conclusions on repeated evidence.
- Review it when the team's needs or style of play changes.

3 HOW TO USE THE FORM

List the most significant strengths and development areas, then connect each development area to practical actions. Keep the list focused so it can genuinely influence session planning and match preparation.

- Phrase development areas as coachable behaviours.
- Prioritise impact rather than creating a long list.

4 WHAT TO LOOK FOR

Look across all phases of the game and consider technical execution, tactical understanding, physical behaviours, communication, mentality, team relationships and consistency.

- Ask whether a strength remains effective against different opponents.
- Look for root causes rather than only symptoms.

5 WHAT TO DO NEXT

Use the priorities to shape upcoming training blocks and team objectives. Revisit the document periodically and move areas from “development” to “strength” when the team demonstrates them consistently.

- Share a simplified version with players when appropriate.
- Keep evidence so staff can see whether interventions are working.

COACH TIP

A strong team-development plan should protect what the team already does well while improving only the areas that genuinely matter.

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